

# **MARTINMAS DONATIONS FOR THE POOR & HOMELESS THIS CHRISTMAS**

## Marian Centre- Madonna House gently used donation suggestions:

SOCKS  
MENS UNDERWEAR  
LONG JOHNS  
SWEATERS  
TOQUES/ WARM HATS  
DEODORANT (NEW)  
MENS RAZORS (NEW)  
GLOVES  
SCARVES  
PERSONAL TOILETRIES (FROM HOTELS, ETC)  
TIM HORTON GIFT CARDS \$15  
MCDONALDS GIFT CARDS \$15

## FOOD BANK- SHERWOOD PARK suggestions:

CANNED TOMATO SAUCE  
CANNED PASTA  
CANNED STEW/CHILI  
CANNED FRUIT  
CANNED SALMON  
CANNED VEGETABLES  
CANNED MEAT  
HAMBURGER HELPER/ TUNA HELPER  
KRAFT DINNER  
BOXES OF HOT CEREAL  
JELLO/PUDDING  
SIDEKICKS  
BEGINNER BABY FOOD  
PANCAKE MIX AND SYRUP  
BEANS  
CANNED SOUP  
RICE  
FLOUR

**PLEASE BRING THESE ITEMS NOVEMBER 8- NOVEMBER 15 TO OLPH PARISH OFFICE**